

Hold your own Duck Sock Hop!

You don't have to leave the dancing to the ducks! If Duck Sock Hop makes you want to get up and dance, you're in luck. Holding your own sock hop is as easy as putting on some fabulous socks and starting your favorite music.

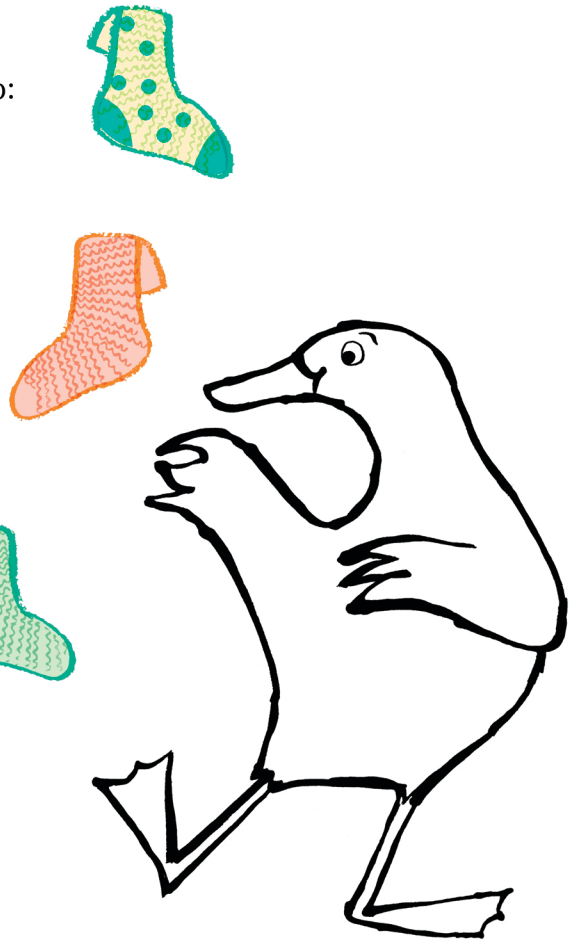
Here are 5 easy steps to holding your own Duck Sock Hop:

1. MAKE A BIG SOCK BOX

Find a good size cardboard box. Cover it with bright wrapping paper. Or cover it with white or brown craft paper, which your children or students can decorate with pictures of the craziest socks they can imagine. You'll want to spread out the paper and decorate it before you tape it to the box.

2. FILL YOUR BOX WITH SOCKS

You probably have some super-fun socks in your drawers already. Throw them in! For inexpensive silly socks, you can also try discount stores. Or make your own crazy socks -- see the 'Add Some Art' sheet.



3. CHOOSE SOME DANCING TUNES

The 1950s was the classic era of the sock hop, and 50s rock & roll is great for dancing. But you can choose whatever kind of music you like. (The Ducks like a mash-up of rock and American folk, judging by their banjo.) Make a mix CD, an iPod playlist, or pull out your vintage record player and 45s! The kids will be fascinated.

4. GET WARMED UP

Read Duck Sock Hop aloud to set the mood. Then do some warm-up wiggling and beak stretching.

5. DANCE!

Put on the music. Start with a simple dance you can lead, like the Hokey Pokey, to get everyone moving. Then freestyle!

Why not colour in the ducks on this page?